




# Our Lady of Charity School

January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week #1</b> Breakfast					
Snack					
<b>Week #2</b> Breakfast	Milk <sup>8</sup> Apple Slices Life Cereal	Milk <sup>9</sup> Waffles w/ Syrup Mandarines	Milk <sup>10</sup> Peaches Chex Cereal	Milk <sup>11</sup> Crackers w/ butter & jelly Peaches	Milk <sup>12</sup> Bananas Cereal
Snack	Cheese Stick Fruit Juice	Apples Milk	Rice Cakes Milk	Chips and Salsa Milk	Yogurt Ritz crackers
<b>Week #3</b> Breakfast	Milk <sup>15</sup> Apple juice Cinnamon Cereal <i>No Classes K-12</i>	Milk <sup>16</sup> Fresh Cantaloupe French Toast w/ Syrup	Milk <sup>17</sup> Grape Juice Bunches of Oats	Milk <sup>18</sup> Fresh Oranges Bagel with Cream Cheese	Milk <sup>19</sup> Oranges Juice Kix Cereal
Snack	Cheese stick Grape Juice	Milk Apples	Yogurt Fish Crackers	Milk Banana	Milk Crackers with Jelly
<b>Week #4</b> Breakfast	Milk <sup>22</sup> Cinnamon Cereal Yogurt	Milk <sup>23</sup> Waffles w/ Syrup Bananas	Milk <sup>24</sup> Bananas Cereal	Milk <sup>25</sup> Fresh Cantaloupe French Toast w/ Syrup	Milk <sup>26</sup> Fresh Oranges Chex Cereal
Snack	Apple Sauce Milk	Crackers w/ Jelly Fruit Juice	Chips and Salsa Milk	Banana Milk	Yogurt Ritz crackers
<b>Week #5</b> Breakfast	Milk <sup>29</sup> Apple Slices Honey Oat Cereal	Milk <sup>30</sup> Cuban Crackers w Butter/Jam Apples	Milk <sup>31</sup> Chex Cereal Peaches		
Snack	Cheese Stick Juice	Rice Cake Milk	Apple Milk		

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Students with food allergies are given alternate items.









