Our Lady of Charity School

January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week #1 Breakfast					
Snack	I have a dream!		Happy New Year		
Week #2 Breakfast	7 Milk Mandarins Bunches of Oats	8 Milk Crackers w/ butter & Jelly Peaches	9 Milk Apple juice Cinnamon Cereal	10 Milk Pancakes Peaches	11 Milk Oranges Juice Kix Cereal
Snack	Milk Bananas	Milk Fruit Cup	Yogurt Fish Crackers	Milk Apple	Milk Crackers with Jelly
Week #3 Breakfast	14 Milk Life Cereal Mandarin Oranges	15 Milk Waffles Peaches	16 Milk Apple Slices Cereal	17 Milk Pears French Toast w/ Syrup	18 Milk Fresh Oranges Chex Cereal
Snack	Cheese stick Grape Juice	Watermelon Milk	Crackers w/ Jelly Fruit Juice	Banana Milk	Yogurt Ritz crackers
Week #4 Breakfast	21 Milk Apple juice Cinnamon Cereal	22 Milk Pancakes Mandarin Oranges	23 Milk Mandarins Bunches of Oats	24 Milk Fresh Oranges Bagel with Cream Cheese	25 Milk Life Cereal Pears
Snack	Berries & Milk ***No Classes K-12***	Chips & Salsa Milk	Cheese crackers Fruit Juice	Watermelon Milk	Cheese Stick Juice
Week #5 Breakfast	28 Milk Cinamon Cereal Mandarins	29 Milk French Toast w/ Honey Apples	30 Milk Peaches Honey Oat Cereal	31 Milk Crackers w/ butter & Jelly Peaches	
Snack	Milk Ritz Crackers	Rice Cakes Milk	Yogurt Fish Crackers	Watermelon Milk	

Students with food allergies are given alternate items.